

Sacramento Orthopedic Center & Results Physical Therapy Presents

MASSIVE IRREPARABLE ROTATOR CUFF TEARS: SCR VS. REVERSE SHOULDER ARTHROPLASTY & REHABILITATION

Thursday, January 14th, 2021 @ 6 – 7 PM • An Evening Webinar

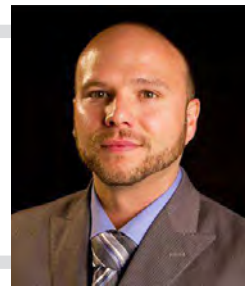
FACULTY

Alan M Hirahara, MD, FRCSC

Michael P Leathers, MD

Alberto J Panero, DO

Kyle Yamashiro, DPT



TOPICS

- Reverse Shoulder Arthroplasty
- Rapid Functional Recovery with Physical Therapy
- What is Superior Capsular Reconstruction (SCR)?

Michael Leathers

Kyle Yamashiro

Alan Hirahara

OBJECTIVES

1. Explain the indications for reverse shoulder arthroplasty
2. Present the outcomes from reverse shoulder arthroplasty
3. Describe how early physical therapy yields superior results in shoulder surgery
4. Discuss the history of the superior capsular reconstruction (SCR)
5. Show how the SCR can be used to treat massive irreparable rotator cuff tears arthroscopically



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FACULTY BIOGRAPHIES



Alan M Hirahara, MD, FRCSC is an orthopaedic surgeon, specializing in sports medicine in Sacramento, California. He does research and publishes on arthroscopic shoulder and knee surgery, orthobiologics, and the use of ultrasound. He is the medical director and head team physician for California State University, Sacramento, Department of Athletics; and head team physician for the Sacramento River Cats (AAA Affiliate, San Francisco Giants). He created and published the first paper on the Superior Capsular Reconstruction with dermal allograft. He has been invited to speak and teach nationally and internationally, including United Kingdom, France, Spain, Germany, Singapore, China, Hong Kong, Japan, Australia, Brazil, Argentina, Chile, and Canada.



Michael P Leathers, MD is an orthopaedic surgeon, who subspecializes in sports medicine and shoulder surgery. He completed his fellowship at UCSF, where he learned specialized techniques in ligament and joint reconstruction of the shoulder, hip, and knee. He has authored publications on shoulder replacement, ACL reconstruction, patellar dislocations, and cartilage defects of the knee. He is a member of the American Orthopedic Society for Sports Medicine and serves on the Council of Delegates for California. His leadership interests include serving as Executive Medical director of Orthopedic Center of Excellence for Mercy General Hospital and Vice Chair of Orthopedic Surgery Section for Sutter Medical Center. He enjoys volunteering as team physician for Christian Brothers High School football team.



Alberto J Panero, DO is board certified in physical medicine & rehabilitation with a subspecialty certification in sports medicine. He is the founder of SAC Regenerative Orthopedics where he practices out of Sacramento, CA. He serves as core faculty for the University of California, Davis PM&R Sports Medicine Fellowship. He is regarded as one of the experts in orthobiologics (PRP & "Stem Cells") and musculoskeletal ultrasound, having published on several respective topics. He has also presented his research and interventional orthopaedic techniques at the top orthopaedic and sports medicine conferences. He is highly involved in the sports community in Sacramento, serving as team physician for Sacramento State University, Sacramento River Cats - Triple A Affiliate of the San Francisco Giants, as well as the recently awarded MLS expansion team, the Sacramento Republic F.C.



Kyle Yamshiro, DPT is a nationally recognized Physical Therapist specializing in sports medicine. He is the Owner and President of RESULTS PHYSICAL THERAPY AND TRAINING Center in Sacramento, CA. A facility with a methodology of combining the science of sports medicine with strength and conditioning principles. He gained his sports medicine experience and team approach while working in Birmingham, AL under Dr. James Andrews. He is regarded as an expert in the sports medicine rehabilitation presenting nationally on the shoulder, knee, and orthobiologic topics. He was the Program Coordinator and Presenter for the SF Giants Sports Medicine Conference. He is an author of several published research articles and book chapters. He is affiliated with many of Sacramento's organizations including: Sacramento Republic FC, Sacramento River Cats, Sacramento State Athletics, San Francisco Giants, Oakland A's, Sacramento City Fire Department, Metro Fire Department, Sacramento Running Association and several high schools.

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