

Sacramento Orthopedic Center & Results Physical Therapy Presents

ORTHOBIOLGICS: THE EPIC DUEL

- An Evening Webinar -

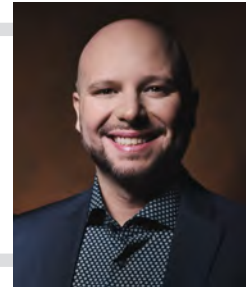
Thursday's, **March 4th & **11th**, 2021 @ 6 – 7 PM (PT)**

FACULTY

Alan M Hirahara, MD, FRCSC

Alberto J Panero, DO

Kyle Yamashiro, DPT



FORMAT:

March 4th - The Essentials in OrthoBiologics - Finished
March 11th - Controversial / Advanced Questions

The Duel:

- Introduction of the Question or Topic
- Point (1 minute)
- Counter Point (1 minute)
- Poll the Audience
- Rehab (1 minute)
- Consensus

12 Questions

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THE QUESTIONS & TOPICS

Day 1 - The Essentials

March 4th

Round 1 - The Questions

- 1) What's more important – the stem cell or the platelet?
- 2) Is Anti-inflammation or Pro-inflammation preferable in healing?
- 3) Do NSAID's help or hurt the healing process?
- 4) For tendonopathy, is injecting regionally or specifically better? (Shotgun vs Sniper Rifle)
- 5) Can I use lidocaine, cortisone, or HA with OrthoBiologics?
- 6) Are OrthoBiologics still experimental and investigational?

Round 2 - Fact or Fiction

- 1) Stem cells are found in the blood.
- 2) Rehabilitation does NOT matter in biologics!
- 3) Stem cell injections can regrow articular cartilage!
- 4) OrthoBiologics will make me heal better, stronger, faster!
- 5) Autografts are NOT necessary; Allografts (i.e. amnion) have stem cells!
- 6) OrthoBiologics do NOT work in the elderly!
- 7) I can bill insurance companies for OrthoBiologics.

Discussion / Q & A

- How to incorporate OrthoBiologics into your practice?

Day 2 - Controversial / Advanced

March 11th

Round 1 - The Questions

- 1) Which Is better Leukocyte Poor (LP) or Leukocyte Rich (LR) PRP?
- 2) What is the role of individual anti-inflammatory factors & biological derivatives (i.e., platelet lysate, A2M, IRAP)?
- 3) Do OrthoBiologics prevent or promote scar formation?
- 4) Can injecting OrthoBiologics to uncontained partial tears (i.e. ACL, rotator cuff) help them to heal and avoid surgery?
- 5) Will OrthoBiologics slow or stop DJD from progressing?
- 6) Should I inject intra-osseous when I give a DJD joint injection?
- 7) Is having an auto-immune disorder a contraindication to having OrthoBiologics?

Round 2 - Fact or Fiction

- 1) OrthoBiologics do NOT have any complications!
- 2) The more the platelets or stem cells, the better!
- 3) You need to activate PRP or stem cells when using OrthoBiologics.
- 4) Resident cells in effusions are helpful in healing.
- 5) Bone marrow is better! No, Fat is better!
- 6) OrthoBiologics are not useful or needed in surgery!

Discussion / Q & A

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